

Bouchées de Croc/Croc Bites

estminster Pool Association <u>www.westminsterpool.com</u> info@westminsterpool.com

August 18, 2014

Important Dates Importantes

POOL HOURS 2:00-8:00pm

AWARDS NIGHT

Thursday
August 21st
7 pm

CORN ROAST pie the guards TALENT SHOW

Sat. August 23rd Fun day 2pm Corn roast and Errol's jerk chicken @ 5pm Talent show to follow

WES 1st annual WES-athlon

Friday Aug. 29th 94.7 hits returns to WES

See next page..

Just a quick shout out to invite all members to join us during our last 2 hopefully warm and sunny "pool weeks" of the summer. Awards night will be held this THURSDAY August 21st @ 7:00pm.

Also our annual corn roast /talent show will take place on SATURDAY August 23rd. We will be having a fun day that starts @ 2pm including a "pie the guard" session followed by corn roast @ 5:00pm..with our special guest Errol Johnson and his famous Jerk Chicken ...then stick around and participate in our talent show...if you or your child have any special talents they would like to showcase please speak to the guards and we will add you to our show. Don't forget your cameras!

POOL HOURS THIS WEEK 2:00-8:00PM

Last but not least...

please check out the lost and found this
week to see if there are any "treasures"
you may have misplaced during the
summer.



Friday August 29th between 4 and 7 pm It's going to be a blast - with 94.7 Radio

The first ever WESAthlor Family Challenge will be held.

It's a triathlon fun fitness challenge for the whole family. It includes a 1.1 Km SWIM, 10 Km CYCLE and 5 Km RUN.

How to Register for the Event

- Questions? Please ask at the canteen for more information or talk to Joyce or Ray Shanks 514-626-1265.
- Each leg of the challenge can be carried out by one or more people simultaneously (sharing the distance).
- Form a team of 3 or more. (family, friends and invite a lifeguard)
- · Sign up in the canteen, giving your team a super cool name.
- Be ready to swim, walk or run Friday afternoon, the event starts
- Volunteers are needed to help through the event. Please leave your name and contact details on the back of the registration form at the canteen.

Remember to train within your own limits and good luck!

Last week at pool August 25-August 31st

Monday -Friday 4:00-8:00 pm Sat -Sunday 12:00-8:00 pm

Friday August 29th Wes-athlon Saturday August 30th last family BBQ Sunday August 31st last day of pool

